

# *Let Us Simplify Your Independent Living*

## **HHHA Services:**

- 24-Hour In-Home or Care Facility Services
- Meal Planning & Preparation
- Companionship
- Case Management
- Housekeeping
- Social Integration/Recreation
- Personal Care
- Grocery Shopping/Errands
- Information & Referral Service
- Laundry and Ironing
- Respite
- Post Surgery Assistance
- Medication Reminders
- Other as requested

For a comprehensive list of our affordable services or to schedule a **FREE**, confidential needs assessment...

**Call Today!**

**(865)246-1957**



Helping Hands Home Assistance, Inc.  
9123 Cross Park Drive, Suite 150  
Knoxville, TN 37923



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HOME ASSISTANCE, INC.**



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[www.helpinghandshomeassistance.org](http://www.helpinghandshomeassistance.org)

# Mission

To provide comprehensive, high-quality, reasonably priced services to the elderly and those with disabilities, enabling them to live at home.

Helping Hands Home Assistance (HHHA) is a non-profit organization that provides in-home non-medical services to senior citizens and people with disabilities.



HHHA is dedicated to improving the quality of life for those we serve. Our CARE Associates provide non-medical in-home services that include meal preparation, companionship, housekeeping, personal care, social integration/recreation, grocery shopping/errands, laundry and respite. Although we care for most of our clients in their own homes, we also provide care within hospitals, nursing homes, and assisted living facilities, where we make every effort to create a home-like setting.

# We Are There When You Need Us

Our flexible, affordable and dependable services are available 24 hours a day, 7 days a week. We also offer services on an hourly, daily, or weekly basis. HHHA will be there when you need us to provide service to you or your loved one.

HHHA is dedicated to delivering high-quality, compassionate services. The interaction and support provided by our CARE Associates reduces feelings of isolation and depression. With this in mind, we endeavor to partner you with CARE Associates with similar interests.

All HHHA team members are bonded and insured, and have successfully passed a drug screen and a national background check. Their training includes First Aid, CPR certification, and a specialized non-medical curriculum related to in-home care.



# We Come to You

Our goal is for our caregivers to be a welcome, trusted sight at your doorstep. They will ensure that you receive the highest quality of care, while enabling you to maintain your independent lifestyle.

Our services will be tailored to meet your needs and are designed to fit your schedule. You have the option of choosing any or all of the services offered. Our vision is to be your **First and Best Choice**.



*Caring for you with compassion, respect and dignity.*